

# **Sports and Fitness-The Arc of Grays Harbor**

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## **Athlete Code of Conduct**

**This program is about fun, teamwork, competition, and sportsmanship. With that said there are some things that, as a team, we need to understand and abide by.**

- 1. No tobacco or alcohol at practices, tournaments, or events.**
- 2. Respect ALL coaches, volunteers, and fellow athletes.**
- 3. Follow the correct Phone Chain.**
- 4. Good sportsmanship at ALL times.**
- 5. No swearing or inappropriate/vulgar talk.**
- 6. Report any concerns or problems to the coach or coordinator.**
- 7. Try your best at all practices and events. Help your teammates to achieve their best.**
- 8. You are representing your Grays Harbor team so please act accordingly.**

**Disciplinary Steps may be taken if these are not followed....**

- 1. Verbal Warning.**
- 2. Written Warning.**
- 3. Probation for Season.**
- 4. Dismissal (indefinitely).**

**Name: \_\_\_\_\_**

**Signature: \_\_\_\_\_ Date: \_\_\_\_\_**